



Printer Friendly Version 

## Brakebush Brothers

Brakebush®

Chicken, FC Popcorn Chicken, Breast/Thigh

**GTIN:** 10038034557303  
**MFR Product Number:** 5573  
**Serving Size:** 3 OZ  
**Servings Per Case:** 53  
**Storage Temperature:** 0F  
**Shelf Life:** 12 MONTHS  
**Child Nutrition Label (Y/N):** No



### General Description

5573-Popcorn Chicken Fully cooked boneless chicken meat fritters

### Benefits Of Using This Product

Great appetizer, side dish or center of the plate item! Plump, juicy, boneless chicken breast or breast/thigh blend.

### Serving Suggestions

#### SALADS

Greek Chicken Salad - Crisp lettuce, spinach, tomato, cool cucumber, onion, Kalamata olives and Feta cheese all topped with a Greek salad dressing and our crunchy popcorn chicken.

#### ENTREES

Mashed potato bowl – Mashed potatoes topped with corn, gravy & popcorn chicken.

For more ideas and recipe information contact your Brakebush Sales Representative or call 800-933-2121.

### Preparation and Cooking Instructions

PREPARATION: COOK TO A MINIMUM OF 165' F. FOR BEST RESULTS - DEEP FRY AT 350' F FOR 2-5 MIN. ALTERNATE METHOD - BAKE IN SINGLE LAYER IN PREHEATED CONVECTION OVEN AT 350'F FOR 10-13 MIN. BAKE IN SINGLE LAYER IN PREHEATED CONVENTIONAL OVEN AT 400'F FOR 15-25 MIN. MICROWAVE ON HIGH ABOUT 1-3 MIN. ADJUST TIMES TO QUANTITY BEING COOKED AND EQUIPMENT USED. DO NOT OVERCOOK.

### List Of Ingredients

INGREDIENTS: CHICKEN MEAT, WATER, SALT, SODIUM PHOSPHATES. BREADED WITH BLEACHED WHEAT FLOUR, SALT, PARTIALLY HYDROGENATED SOYBEAN OIL, SPICES, ONION POWDER, GARLIC POWDER, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), AUTOLYZED YEAST EXTRACT, DRIED YEAST, SUGAR, PAPRIKA EXTRACT

(COLOR), ANNATTO EXTRACT (COLOR). BREADED WITH ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SPICES, SOYBEAN OIL, GARLIC POWDER, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), YELLOW CORN FLOUR, EXTRACTIVES OF PAPRIKA, NATURAL FLAVOR. BATTERED WITH WATER, ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, YELLOW CORN FLOUR, SALT, GARLIC POWDER, DEXTROSE, SPICES, EXTRACTIVES OF PAPRIKA, CELLULOSE GUM (SODIUM CARBOXYMETHYLCELLULOSE), SOYBEAN OIL, SODIUM ALGINATE, NATURAL FLAVORS. PREDUSTED WITH ENRICHED BLEACHED WHEAT AND DURUM FLOURS (ENRICHED WITH NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), GARLIC POWDER, SOYBEAN OIL, SPICES, SALT, YELLOW CORN FLOUR, EXTRACTIVES OF PAPRIKA, NATURAL FLAVOR.  
 ALLERGENS: WHEAT

**Additional Information**

For more information call 1-800-933-2121

**Nutritional Information**

<b>Nutrition Facts</b>	
Serving Size: 3 OZ (85g)	
Servings Per Container: 53	
Amount per Serving	
Calories: 230	Calories from Fat: 90
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	% Daily Value*
Total Fat: 11 g	16 %
Saturated Fat: 2 g	10 %
Trans Fat: 0 g	
Cholesterol: 20 mg	7 %
Sodium: 510 mg	21 %
Total Carbohydrate: 23 g	8 %
Dietary Fiber: 3 g	12 %
Sugars: 0 g	
Protein: 9 g	
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Vitamin A: 0 %	Vitamin C: 0 %
Calcium: 2 %	Iron: 8 %
*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	

Kosher: NO Serving Size for Nutrients: 85g Household Serving Size: 3 Measure: OZ
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\* This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.

**Packaging & Storage Information**

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**Master Pack**

**Pallet Tie: 16**

**Pallet High: 8**

**Pallet Extra:**

**Total Pallet: 128**

**Description:** 1 CASE case

**Gross Weight:** 10.68 LB

**Length:** 13.5 IN

**Size:** 10 LB

**Net Weight:** 10 LB

**Width:** 8.63 IN

**Volume:** 0.58 FT

**Height:** 8.75 IN

**Inner Pack**

**Unit Quantity:** 1 CASE

**Unit Size:** 10 lb